



# READY... SET...

# MINX!

Treat yourselves to the hottest manicure on the market, at Pastels Salon in Dubai *By Hafsa Lodi*

Women across the Emirates are flocking to Pastels Salon to give their nails the ultimate glam-over with a coveted Minx manicure. Seen frequently on the hands of Lady Gaga, Rihanna, Blake Lively and Beyonce, Minx has become the go-to manicure method of the stars, and with its glamorous, easy-to-wear appeal, it has won over our hearts—and our hands.

We made our way to the Jumeirah Branch of Pastels, located on Al Wasl Road to inspect the Minx experience ourselves. The two-story salon offers hair and beauty treatments, in addition to a variety of nail services—Minx, Shellac nails and Bio-sculpture nails are presented as stylish alternatives to the classic manicure and pedicure. Clients are taken upstairs, seated and given an album full of Minx designs to choose from. Pink florals, purple cheetah prints, black

and white zebra stripes and crazy geometric swirls are just a few of the available patterns—but the most popular Minx nails at the salon are the gold and silver shades, along with the metallic animal prints. If you're looking for an edgy look that stands out and is on-trend, try the gold fishnet French manicure design—it's bold and elaborate, with just the right touch of elegance.

The Minx manicure starts off like any other—nails are cut, filed and buffed, while the Minx material in the design of your choice is softened under the heat of a lamp. When your nails are ready, a trained technician peels the Minx foils from the backing sheets one by one, and chooses the correct sizes for your nails. Under the heat of the lamp, she will individually attach the Minx foils to each of your nails, and after they cool down, she will take off the excess foil by filing over it. Once the treatment is complete, you will marvel at how beautifully your nails shine and sparkle—an effect unachievable by any glitter or metallic nail polish! It stays intact for about a week on hands, and up to three weeks on feet, and can be easily removed by reapplying heat.

*The Minx treatment is available at Pastels Salon on Al Wasl Road (+9714 394 7393) and the Ritz Carlton Dubai (+9714 399 5016). Prices start at Dhs180 for toes and Dhs200 for hands.*



**Monochrome Madness**  
Black and white houndstooth, stripes and polka dots create a Mad Hatter's tea party of prints. Try clashing for creativity.

**Va Va Versace!**  
Graphic white and gold is a signature of Versace's OTT glamour.

**Black & Gold**  
Super sleek black matte nails with Arabic calligraphy accents are a literal way to spell out your style mantra.

**Sssexy Snakeskin**  
Back to Africa is a key trend for Spring Summer 2012, take inspiration from Michael Kors or Donna Karan with sexy scale prints.

**Gilt Complex**  
Liquid gold nails in spray paint style fishnet or crackle effect, shimmers in the sunlight for a super glitzy glam-over.